



**NHS Pharmacy First Scotland
Approved List of Products**

14th Edition: 1st February 2022
Review Date: 1st October 2023

Changes made in this Edition:

- Update to Section 2.1 Allergy and Section 10.3 Allergy/Itch to delete Cetirizine 1mg/ml oral solution sugar free pack size 200ml due to significant price increase. More than one x 70ml pack size may be supplied to a patient if clinically necessary and appropriate.
- Update to Section 10.1 Skin – NHS Highland's emollient treatment options.
- Update to Section 10.1 Skin – East Region Formulary treatment options (NHS Borders, NHS Fife and NHS Lothian) to correct omission of 500g pack size for Hydrous Ointment and to amend incorrect 450g pack size for QV cream to the correct pack size of 500g.

NHS Pharmacy First Scotland: Approved list of products

Introduction

The Scottish Government NHS Circular [PCA \(P\)\(2020\)13](#), published in June 2020, details the launch of NHS Pharmacy First Scotland. The circular encloses the legal Directions, service specification and operational support documents which together outline how the service should operate.

This approved list of products has been developed by representatives of all 14 NHS Health Boards with input from Community Pharmacy Scotland and other key stakeholders. It details the limited list of items which may be supplied to eligible patients following a consultation in response to presenting symptoms. **Wherever possible, providing lifestyle advice and support to manage minor conditions should be the preferred course of action**, with treatment supplied and referrals made only where necessary. With the exception of sections 10.1 (Skin: Eczema and allergy) and 6.1 (Cystitis), the items detailed in the Approved List can be supplied across all NHS Boards. In sections 10.1 and 6.1, each NHS Board has indicated the approved items which may be supplied by community pharmacy teams in their area.

The medicines listed should be used within their GSL or P licensed indication, and the POM products listed should only be used under the terms of the relevant Patient Group Directions (PGDs). The approved list serves only to detail the treatments available under the service – the Pharmacist must use their own professional judgement at all times to determine the best course of action for each patient. Only those specific items and pack sizes which appear on this list will be reimbursed if supplied under the NHS Pharmacy First Scotland service. Where a patient wishes to use a particular product which does not appear on the Approved List and the Pharmacist agrees that this is safe and appropriate, the patient may purchase that product.

The Approved List is arranged according to BNF category, with products within each category listed alphabetically. Selection of products should be based on the Pharmacist's assessment of clinical appropriateness for each individual patient. However, where there is a clear first-line choice of treatment this is indicated.

A new section of the [Scottish Drug Tariff](#), Part 17, hosts the approved list of products.

Notes

The list details the products available on the NHS Pharmacy First Scotland Service.

Please note the following points:

- A range of pack sizes and forms have been included for some lines to ensure continued supply when some are temporarily unavailable.
- When making a choice between available products, in the absence of a clinical reason determining otherwise, the most cost-effective one should be selected.
- When making a choice between a sugar free and a sugar containing product, in the absence of a clinical reason determining otherwise, the sugar free one should be selected.

Contents

1. Gastrointestinal System	5
2. Respiratory	6
3. Central Nervous System	6
4. Musculoskeletal & Joint	7
5. Infections	7
6. Urinary Tract Disorders	8
7. Eye.....	9
8. Ear	9
9. Mouth	9
10. Skin	9
11. Dressings and Appliances	24

1. Gastrointestinal System

1.1 Dyspepsia and Gastro-oesophageal reflux

1st Line	Co-magaldrox 195mg/220mg/5ml oral suspension sugar free	Pack Size	500 ml
1st Line	Peptac Liquid Aniseed	Pack Size	500 ml
1st Line	Peptac Liquid Peppermint	Pack Size	500 ml

1.2 Gastrointestinal smooth muscle spasm

	Hyoscine butyl bromide 10 mg tablets	Pack Size	20
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1.3 Irritable Bowel Syndrome

	Mebeverine 135 mg tablets	Pack Size	15
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1.4 Acute Diarrhoea

1st Line	Dioralyte oral powder sachets	Pack Size	6
1st Line	Rehydration Treatment granules 4.87 g	Pack Size	6
2nd Line	Loperamide 2 mg capsules	Pack Sizes	6, 10, 12

1.5 Constipation

	Ispaghula husk 3.5 g effervescent granules sachets gf sf	Pack Sizes	10, 30
	Macrogol compound oral powder sachets NPF sugar free	Pack Sizes	20, 30
	Bisacodyl 5 mg gastro-resistant tablets	Pack Sizes	10, 20
	Glycerol 1 g suppositories	Pack Size	12
	Glycerol 2 g suppositories	Pack Size	12
	Glycerol 4 g suppositories	Pack Size	12
	Senna 7.5 mg tablets	Pack Size	20
	Senna 7.5 mg/5 ml oral solution sugar free	Pack Size	150 ml
	Lactulose 3.1-3.7g/5ml oral solution	Pack Sizes	300 ml, 500 ml

1.6 Haemorrhoids

	Anusol Cream	Pack Size	23 g
	Anusol Ointment	Pack Size	25 g
	Anusol Plus HC Ointment (Treatment should not be for longer than 7 days with hydrocortisone containing products)	Pack Size	15 g
	Anusol Plus HC suppositories (Treatment should not be for longer than 7 days with hydrocortisone containing products)	Pack Size	12
	Anusol suppositories	Pack Size	12

2. Respiratory

2.1 Allergy (for topical preparations see sections 2.4 (nasal allergy) and 7.2 (eye))

	Cetirizine 10 mg tablets	Pack Size	30
	Cetirizine 1 mg / ml oral solution sugar free	Pack Size	70 ml
	Chlorphenamine 4 mg tablets	Pack Size	28, 30
	Chlorphenamine oral solution 2 mg / 5ml	Pack Size	150 ml
	Chlorphenamine oral solution 2 mg / 5ml sugar free	Pack Size	150 ml
	Loratadine 10 mg tablets	Pack Size	30
	Loratadine 5 mg/5 ml oral solution	Pack Size	100 ml

2.2 Cough

	Simple linctus paediatric sugar free	Pack Size	200 ml
	Simple Linctus sugar free	Pack Size	200 ml

2.3 Nasal Congestion

	Xylometazoline 0.05% drops	Pack Size	10 ml
	Xylometazoline 0.1% drops	Pack Size	10 ml
	Xylometazoline 0.1% nasal spray	Pack Size	10 ml
	Sodium chloride 0.9% nasal drops	Pack Size	10 ml

2.4 Nasal Allergy

	Beclometasone nasal spray 50 micrograms/dose	Pack Sizes	100 doses, 180 doses
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3. Central Nervous System

3.1 Travel sickness

	Cinnarizine 15 mg tablets	Pack Size	15
	Hyoscine hydrobromide 150 micrograms tablets	Pack Size	12
	Hyoscine hydrobromide 300 micrograms tablets	Pack Size	12

3.2 Analgesics and Antipyretics

	Ibuprofen 100 mg/5 ml oral suspension sugar free	Pack Sizes	100 ml
	Ibuprofen 200 mg tablets	Pack Size	24
	Ibuprofen 400 mg tablets	Pack Size	24
	Paracetamol 120 mg /5 ml oral suspension paediatric sugar free	Pack Sizes	100 ml, 200 ml
	Paracetamol 250 mg /5 ml oral suspension sugar free	Pack Size	100 ml, 200 ml
	Paracetamol 500 mg tablets	Pack Size	32
	Paracetamol 500 mg soluble tablets	Pack Size	24

3.3 Migraine and associated symptoms

	Aspirin dispersible 300 mg tablets	Pack Size	32
	Aspirin tablets 300 mg	Pack Size	32
	Prochlorperazine 3 mg buccal tablets	Pack Size	8
	Sumatriptan 50 mg tablets	Pack Size	2

4. Musculoskeletal & Joint

4.1 Musculoskeletal & Joint

	Ibuprofen 100 mg/5 ml oral suspension sugar free	Pack Sizes	100 ml
	Ibuprofen 200 mg tablets	Pack Size	24
	Ibuprofen 400 mg tablets	Pack Size	24
	Ibuprofen 5% gel	Pack Sizes	30 g, 50 g
	Paracetamol 120 mg/5 ml oral suspension paediatric sugar free	Pack Sizes	100 ml, 200 ml
	Paracetamol 250 mg/5 ml oral suspension sugar free	Pack Sizes	100 ml, 200 ml
	Paracetamol 500 mg tablets	Pack Size	32
	Paracetamol 500 mg soluble tablets	Pack Size	24

5. Infections

5.1 Vaginal Candidiasis

	Clotrimazole 1% cream	Pack Size	20 g
	Clotrimazole 500 mg pessaries	Pack Size	1
	Fluconazole 150 mg capsule	Pack Size	1

5.2 Fungal Skin Infections (not nail)

	Clotrimazole 1% and hydrocortisone 1% cream	Pack Size	15 g
	Miconazole 2% and hydrocortisone 1% cream	Pack Size	15 g
	Miconazole 2% cream	Pack Size	30 g
	Terbinafine 1% cream	Pack Sizes	15 g

5.3 Preparations for warts and verrucae

	Occlusal 26% Solution	Pack Size	10 ml
	Salactol Paint	Pack Size	10 ml
	Salicylic acid 12% with lactic acid 4% gel (Salatac gel)	Pack Size	8 g

5.4 Cold sores

	Aciclovir cream 5%	Pack Size	2 g
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5.5 Threadworm

	Mebendazole 100 mg chewable tablets sugar free	Pack Size	1
	Mebendazole 100 mg/5 ml oral suspension	Pack Size	30 ml

5.6 Head lice

	Dimeticone 4% lotion	Pack Sizes	50 ml, 150 ml
	Dimeticone 4% cutaneous spray	Pack Size	120 ml
	Nitcomb - M2	Pack Size	1
	Nitcomb - S1	Pack Size	1
	Nitty Gritty Nit Free	Pack Size	1

5.7 Scabies, Pubic (Crab) Lice

	Malathion 0.5% aqueous liquid	Pack Size	50 ml, 200 ml
	Permethrin 5% cream	Pack Size	30 g

5.9 Impetigo			
	Fusidic acid 2% cream (PGD)	Pack Size	15 g
	Hydrogen peroxide 1% (Crystacide)	Pack Size	40 g
5.10 Shingles			
	Aciclovir 400 mg tablets (PGD)	Pack Size	56
	Aciclovir 800 mg tablets (PGD)	Pack Size	35
	Aciclovir 400 mg dispersible tablets (PGD)	Pack Size	56
	Aciclovir 800 mg dispersible tablets (PGD)	Pack Size	35
5.11 Bacterial skin infections			
	Flucloxacillin 250 mg capsules (PGD)	Pack Size	28
	Flucloxacillin 500 mg capsules (PGD)	Pack Size	28
	Flucloxacillin 250 mg/5 ml oral solution (PGD)	Pack Size	100 ml

6. Urinary Tract Disorders

6.1 Cystitis

Local Formulary choices – UTI PGDs

Please refer to your NHS Board for further details on e.g. how to access test results required for Nitrofurantoin PGDs.

NHS Board	1st Line	2nd Line
Ayrshire and Arran	Trimethoprim	N/A
Borders	Trimethoprim	Nitrofurantoin
Dumfries and Galloway	Trimethoprim	N/A
Fife	Trimethoprim	Nitrofurantoin
Forth Valley	Trimethoprim	Nitrofurantoin
Greater Glasgow and Clyde	Trimethoprim	Nitrofurantoin
Grampian	Trimethoprim	N/A
Highland	Trimethoprim	Nitrofurantoin
Lanarkshire	Trimethoprim	N/A
Lothian	Trimethoprim	Nitrofurantoin
Orkney	Trimethoprim	Nitrofurantoin
Shetland	Trimethoprim	N/A
Tayside (access to test results in pharmacy)	Nitrofurantoin	Trimethoprim
Tayside (no access to test results except via GP or OOH)	Trimethoprim	Nitrofurantoin
Western Isles	Trimethoprim	Nitrofurantoin

Nitrofurantoin 50 mg tablets (PGD)	Pack Size	28
Nitrofurantoin 100 mg modified-release capsules (PGD)	Pack Size	14
Trimethoprim 100 mg tablets (PGD)	Pack Size	28
Trimethoprim 200 mg tablets (PGD)	Pack Size	6
Trimethoprim 200 mg tablets (PGD)	Pack Size	14
Sodium citrate 4 g oral granules sachets	Pack Size	6
Sodium citrate 4 g oral powder sachets	Pack Size	6
Potassium citrate 3 g granules sachets sugar free	Pack Size	6

7. Eye

7.1 Infected Eye

	Chloramphenicol 0.5% eye drops	Pack Size	10 ml
	Chloramphenicol 1% eye ointment	Pack Size	4 g

7.2 Management of Dry Eye

	Carbomer 0.2% eye gel *	Pack Size	10 g
	Carbomer 0.2% eye gel preservative free *	Pack Size	10 g
	Hylo Night eye ointment preservative free	Pack Size	5g
	Hypromellose 0.3% eye drops	Pack Size	10 ml
	Xailin Night eye ointment preservative free	Pack Size	5g

7.3 Allergic Eye Conditions

	Sodium cromoglicate 2% eye drops	Pack Sizes	5 ml, 10 ml
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*- please refer to Part 3 Eye Products of the Scottish Drug Tariff for eligible items and to the local Health Board formulary for preferred brands.

8. Ear

8.1 Removal of Ear Wax

1st Line:	Olive oil ear drops **	Pack Size	10 ml, 15 ml
2nd Line:	Sodium Bicarbonate 5% Ear Drops **	Pack size	10 ml

8.2 Otitis Externa

	Acetic acid 2% solution (Ear Calm)	Pack Size	5 ml
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**.-Please refer to Part 3 Ear Wax Softening Medical Devices Section of the Scottish Drug Tariff for eligible items, noting that only the listed pack sizes are reimbursable.

9. Mouth

9.1 Oral Ulceration and Inflammation

	Benzydamine 0.15% oromucosal spray sugar free	Pack Size	30 ml
	Benzydamine 0.15% mouthwash sugar free	Pack Size	300 ml
	Chlorhexidine gluconate 0.2% mouthwash	Pack Size	300 ml
	Chlorhexidine gluconate 0.2% mouthwash – alcohol free	Pack Size	300 ml
	Anbesol liquid	Pack Sizes	10 ml
	Hydrocortisone mucoadhesive buccal tablets 2.5 mg	Pack Size	20

9.2 Oral Thrush

	Miconazole 2% w/w oral gel	Pack Size	15 g
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10. Skin

10.1 Eczema and Allergy

Lists for each NHS Board below

NHS Ayrshire & Arran			
<u>Emollients:</u>			
	Doublebase gel	Pack Sizes	100 g, 500 g
	Hydromol ointment	Pack Sizes	125 g, 500 g, 1 kg
	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Size	500 g
	QV cream	Pack Sizes	100 g, 500 g
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	Zeroveen cream	Pack Sizes	100 g, 500 g
<u>Emollient bath and shower additives:</u>			
	Hydromol Bath and Shower emollient	Pack Sizes	350 ml, 500 ml
	QV 85.09% bath oil	Pack Sizes	250 ml
	QV Gentle wash	Pack Sizes	250 ml, 500 ml
<u>Bath/shower preparations with antimicrobials:</u>			
	Dermol 500 lotion	Pack Size	500 ml
	Dermol 600 bath emollient	Pack Size	600 ml
	Oilatum Plus bath additive	Pack Size	500 ml

***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment.

NHS Borders			
East Region Formulary (NHS Borders, Fife and Lothian)			
<u>Emollients (light weight):</u>			
1st Line	Zerobase 11% cream	Pack Sizes	50 g, 500 g
2nd Line	Oilatum cream	Pack Sizes	150 g, 500 ml
2nd Line	Cetraben cream	Pack Sizes	50 g, 150 g, 500 g, 1050 g
2nd Line	QV cream	Pack Size	500 g
2nd Line	Zerodouble gel	Pack Sizes	100 g, 500 g
2nd Line	Zeroveen cream	Pack Sizes	100 g, 500 g
2nd Line	QV skin lotion 5%	Pack Sizes	250 ml, 500 ml
<u>Emollients (heavy weight):</u>			
1st Line	Hydromol ointment	Pack Sizes	125 g, 500 g
2nd Line	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Size	250 g
2nd Line	Emulsifying ointment	Pack Size	500 g
2nd Line	Hydrous ointment	Pack Size	500 g
<u>Emollient bath and shower additives:</u>			
1st Line	Hydromol ointment	Pack Sizes	125 g, 500 g
2nd Line	Emulsifying ointment	Pack Size	500 g
3rd Line	Hydromol Bath and Shower emollient	Pack Size	500 ml
3rd Line	QV Gentle Wash	Pack Sizes	250 ml, 500 ml
<u>Bath/shower preparations with antimicrobials:</u>			
4th Line	Dermol 500 lotion	Pack Size	500 ml

***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment.

NHS Dumfries & Galloway			
<u>Emollients:</u>			
1st Line	Epimax original cream	Pack Size	500 g
1st Line	ExoCream	Pack Size	500 ml
1st Line	Epimax isomol gel	Pack Size	500 g
2nd Line	QV cream	Pack Sizes	100 g, 500 g
2nd Line	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Size	250 g
2nd Line	Hydromol ointment	Pack Sizes	125 g, 500 g, 1 kg
<u>Emollient bath and shower additives:</u>			
1st Line	Emulsifying ointment	Pack Sizes	500 g
2nd Line	Hydromol Bath and Shower emollient	Pack Size	500 ml
2nd Line	QV Gentle wash	Pack Sizes	250 ml, 500 ml
<u>Bath/shower preparations with antimicrobials:</u>			
	Dermol 200 shower emollient	Pack Size	200 ml
	Dermol 600 bath emollient	Pack Size	600 ml

***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment

NHS Fife			
East Region Formulary (NHS Borders, Fife and Lothian)			
<u>Emollients (light weight):</u>			
1 st Line	Zerobase 11% cream	Pack Sizes	50 g, 500 g
2 nd Line	Oilatum cream	Pack Sizes	150 g, 500 ml
2 nd Line	Cetraben cream	Pack Sizes	50 g, 150 g, 500 g, 1050 g
2 nd Line	QV cream	Pack Size	500 g
2 nd Line	Zerodouble gel	Pack Sizes	100 g, 500 g
2 nd Line	Zeroveen cream	Pack Sizes	100 g, 500 g
2 nd Line	QV skin lotion 5%	Pack Sizes	250 ml, 500 ml
<u>Emollients (heavy weight):</u>			
1 st Line	Hydromol ointment	Pack Sizes	125 g, 500 g
2 nd Line	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Size	250 g
2 nd Line	Emulsifying ointment	Pack Size	500 g
2 nd Line	Hydrous ointment	Pack Size	500 g
<u>Emollient bath and shower additives:</u>			
1 st Line	Hydromol ointment	Pack Sizes	125 g, 500 g
2 nd Line	Emulsifying ointment	Pack Size	500 g
3 rd Line	Hydromol Bath and Shower emollient	Pack Size	500 ml
3 rd Line	QV Gentle Wash	Pack Sizes	250 ml, 500 ml
<u>Bath/shower preparations with antimicrobials:</u>			
4 th Line	Dermol 500 lotion	Pack Size	500 ml

***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment.

NHS Forth Valley			
<u>Emollients:</u>			
	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Sizes	250 g, 500 g
1 st Line	Zeroderm ointment	Pack Size	125 g, 500 g
2 nd Line	Hydromol ointment	Pack Sizes	125 g, 500 g
1 st Line	Epimax isomol gel (contains phenoxyethanol)	Pack Sizes	100 g, 500 g
2 nd Line	Doublebase gel (if allergic to phenoxyethanol)	Pack Sizes	100 g, 500 g
1 st Line	Epimax original cream (contains phenoxyethanol)	Pack Sizes	100 g, 500 g
1 st Line	Zerobase 11% cream (if allergic to phenoxyethanol)	Pack Sizes	50 g , 500 g
2 nd Line	Cetaben cream	Pack Sizes	50 g, 150 g, 500 g
2 nd Line	QV cream	Pack Sizes	100 g, 500 g
	QV 5% skin lotion	Pack Sizes	250 ml, 500 ml
	Dermol cream	Pack Sizes	100 g, 500 g
1 st Line	Dermol 500 lotion (as Soap Substitute)	Pack Size	500 ml
2 nd Line	QV Gentle wash (as Soap Substitute)	Pack Sizes	250 ml, 500 ml

***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment.

NHS Greater Glasgow and Clyde			
<u>Emollients:</u>			
	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Size	500 g
	Zerobase	Pack Size	50 g , 500 g
	Epimax ointment	Pack Size	125 g, 500 g
	Epimax original cream	Pack Size	100 g, 500 g
	Epimax isomol gel	Pack Size	100 g, 500 g
<u>Emollient bath and shower additives:</u>			
	QV Gentle Wash	Pack Size	250 ml, 500 ml

***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment.

NHS Grampian			
<u>Emollients:</u>			
<u>Ointments:</u>			
1st Line	Epimax ointment	Pack Sizes	125 g, 500 g
	AproDerm ointment	Pack Sizes	50 g, 500 g
	Zeroderm ointment	Pack Sizes	125 g, 500 g
	Hydromol ointment	Pack Sizes	125 g, 500 g
	Epimax paraffin-free ointment	Pack Size	500 g
	Cetraben ointment	Pack Size	450 g
<u>Gels:</u>			
	Epimax isomol gel	Pack Sizes	100 g , 500 g
<u>Creams:</u>			
1st Line	Epimax original cream	Pack Sizes	100 g, 500 g
	AproDerm emollient cream	Pack Sizes	50 g, 500 g
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	QV cream	Pack Sizes	100 g, 500 g
	Cetraben cream	Pack Sizes	50 g, 150 g, 500 g, 1050 g
<u>Colloidal Oatmeal Creams:</u>			
1st Line	Epimax oatmeal cream	Pack Sizes	100 g, 500 g
	AproDerm Colloidal Oat cream	Pack Sizes	100 g, 500 g
	Zeroveen cream	Pack Sizes	100 g, 500 g
<u>Urea 5 % Creams:</u>			
	imuDERM emollient (urea 5%)	Pack Size	500 g
<u>Lotions:</u>			
	QV 5% skin lotion	Pack Sizes	250 ml, 500 ml
	Cetraben lotion	Pack Sizes	200 ml, 500 ml
<u>Emollient bath and shower additives:</u>			
	QV Gentle wash (as a soap substitute)	Pack Sizes	250 ml, 500 ml
	Hydromol Bath and Shower emollient	Pack Size	500 ml

NHS Highland			
<u>Emollients:</u>			
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	Hydromol ointment	Pack Sizes	125 g, 500 g
	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Size	250 g
	Yellow soft paraffin	Pack Size	500 g
	Zeroderm ointment	Pack Sizes	125 g, 500 g
	Zerodouble gel	Pack Sizes	100 g, 500 g
	Dermol 500 lotion	Pack Size	500 ml
<u>Emollient bath and shower additives:</u>			
	Balneum 84.75% bath oil	Pack Sizes	500 ml
	Emulsiderm emollient	Pack Size	300 ml
	Oilatum emollient	Pack Sizes	500 ml
	Oilatum Junior bath additive	Pack Size	150 ml, 300 ml, 600 ml
<u>Bath/shower preparations with antimicrobials</u>			
	Dermol 200 shower emollient	Pack Size	200 ml

***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment.

NHS Lanarkshire			
<u>Emollients:</u>			
	ExoCream	Pack Size	500 ml
	Epimax isomol gel	Pack Size	500 g
	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Size	250 g
	Emulsifying ointment	Pack Sizes	500 g

***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment.

NHS Lothian			
East Region Formulary (NHS Borders, Fife and Lothian)			
<u>Emollients (light weight):</u>			
1st Line	Zerobase 11% cream	Pack Sizes	50 g, 500 g
2nd Line	Oilatum cream	Pack Sizes	150 g, 500 ml
2nd Line	Cetaben cream	Pack Sizes	50 g, 150 g, 500 g, 1050 g
2nd Line	QV cream	Pack Size	500 g
2nd Line	Zerodouble gel	Pack Sizes	100 g, 500 g
2nd Line	Zeroveen cream	Pack Sizes	100 g, 500 g
2nd Line	QV skin lotion 5%	Pack Sizes	250 ml, 500 ml
<u>Emollients (heavy weight):</u>			
1st Line	Hydromol ointment	Pack Sizes	125 g, 500 g
2nd Line	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Size	250 g
2nd Line	Emulsifying ointment	Pack Size	500 g
2nd Line	Hydrous ointment	Pack Size	500 g
<u>Emollient bath and shower additives:</u>			
1st Line	Hydromol ointment	Pack Sizes	125 g, 500 g
2nd Line	Emulsifying ointment	Pack Size	500 g
3rd Line	Hydromol Bath and Shower emollient	Pack Size	500 ml
3rd Line	QV Gentle Wash	Pack Sizes	250 ml, 500 ml
<u>Bath/shower preparations with antimicrobials:</u>			
4th Line	Dermol 500 lotion	Pack Size	500 ml

***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment.

NHS Orkney			
<u>Emollients:</u>			
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	Zeroderm ointment	Pack Sizes	125 g, 500 g
	Zerodouble gel	Pack Sizes	100 g, 500 g

NHS Shetland			
<u>Emollients:</u>			
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	Zeroderm ointment	Pack Sizes	125 g, 500 g
	Zerodouble gel	Pack Sizes	100 g, 500 g

NHS Tayside			
<u>Emollients:</u>			
<u>Ointments:</u>			
1st Line	Epimax ointment	Pack Size	500 g
2nd Line	Aproderm ointment	Pack Size	500 g
2nd Line	White soft paraffin 50% / Liquid paraffin 50% ointment***	Pack Size	250 g
<u>Gel:</u>			
1st Line	Epimax isomol gel	Pack Size	500 g
<u>Creams:</u>			
1st Line	Epimax original cream	Pack Size	500 g
2nd Line	Zerobase 11% cream	Pack Size	500 g
3rd Line	Epimax oatmeal cream	Pack Size	500 g
3rd Line	QV cream	Pack Sizes	100 g, 500 g
3rd Line	QV 5% skin lotion (Hairy areas of skin)	Pack Size	500 ml
<u>Emollient bath and shower additives:</u>			
1st Line	QV Gentle wash	Pack Sizes	250 ml, 500 ml
	Hydromol Bath and Shower emollient	Pack Size	500 ml

***- please refer to Part 2 Emollient and Barrier Preparations of the Scottish Drug Tariff for eligible products containing White soft paraffin 50%/Liquid Paraffin 50% ointment.

NHS Western Isles	
See NHS Highland choices	

10. Skin (cont.)			
10.2 Nappy Rash			
	Conotrane cream	Pack Sizes	100 g, 500 g
	Metanium Nappy Rash ointment	Pack Sizes	30 g
	Sudocrem antiseptic healing cream	Pack Sizes	125 g, 250 g, 400 g
10.3 Allergy/Itch			
	Calamine Aqueous cream	Pack Size	100 g
	Clobetasone 0.05% cream	Pack Size	15 g
	Crotamiton 10% cream	Pack Sizes	30 g, 100 g
	Hydrocortisone 1% cream	Pack Size	15 g
	Menthol 1% in Aqueous cream****	Pack Size	100 g
	Cetirizine 10 mg tablets	Pack Size	30
	Cetirizine 1 mg/ ml oral solution sugar free	Pack Size	70 ml
	Chlorphenamine 4 mg tablets	Pack Size	28, 30
	Chlorphenamine oral solution 2 mg/5 ml	Pack Size	150 ml
	Chlorphenamine oral solution 2 mg/5 ml s/f	Pack Size	150 ml
	Loratadine 10 mg tablets	Pack Size	30
	Loratadine 5 mg/5 ml oral solution	Pack Size	100 ml
10.4 Acne			
	Acnecide 5% gel	Pack Size	30 g
10.5 Scalp Disorders			
	Capasal Therapeutic shampoo	Pack Size	250 ml
	Coal tar extract 2% shampoo	Pack Sizes	125 ml, 250 ml
	Ketoconazole shampoo 2%	Pack Sizes	60 ml, 100 ml
	Olive oil	Pack Size	92 ml
	Sebco ointment	Pack Sizes	40 g, 100 g
	Selenium sulfide 2.5% shampoo	Pack Sizes	50 ml, 100 ml, 150 ml
10.6 Boils			
	Magnesium sulfate paste BP	Pack Sizes	25 g, 50 g

****- Please refer to Part 2 Emollient and Barrier Preparations – Preparations containing menthol section of the Scottish Drug Tariff for reimbursable items, noting only 100 g pack size eligible.

11. Dressings and Appliances

11.1 Dressings

	Clinipore tape 2.5 cm x 5 m	Pack Size	1
	Melolin 10 cm x 10 cm	Pack Size	1
	Melolin 5 cm x 5 cm	Pack Size	1
	Mepore dressing 10 cm x 11 cm	Pack Size	1
	Mepore dressing 7 cm x 8 cm	Pack Size	1
	Micropore tape 2.5 cm x 5 m	Pack Size	1
	PremierPore VP dressing 10 cm x 10 cm	Pack Size	1
	PremierPore VP dressing 5 cm x 7 cm	Pack Size	1
	ComfiGrip Elasticated bandage size B	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size B	Pack Size	1 m
	ComfiGrip Elasticated bandage size C	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size C	Pack Size	1 m
	ComfiGrip Elasticated bandage size D	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size D	Pack Size	1 m
	ComfiGrip Elasticated bandage size E	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size E	Pack Size	1 m
	ComfiGrip Elasticated bandage size F	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size F	Pack Size	1 m
	ComfiGrip Elasticated bandage size G	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size G	Pack Size	1 m